
[Cycling in Denmark](#) [1]

Submitted by gb-js on Tue, 12/06/2012 - 19:04
Language Great Britain

It couldn't be easier to cycle in Denmark and cycling holidays are extremely popular. Here are a few rules of the road for cyclists that will help you enjoy a relaxing break on two wheels.

Essential bike equipment

Your bike must have a bell, a white reflector visible from the front, yellow reflectors on the pedals and wheels and a red reflector at the back. Bikes come with these things as standard in Denmark but if you're bringing a bike with you from abroad, you'll need to make sure yours is fitted with these.

When cycling in the dark, you must have a working white light at the front and a red at the back. You can pick these up from convenience stores and bike shops in Denmark.

Bike trailers must have two white reflectors on the front and two red on the back, with two yellow reflectors on each side. After dark, you must make sure your trailer has a red light either fitted at the back or the left-hand side.

Taking children on your bike

If you are over 15 years of age, you can transport two children under eight years old on your bike, providing you have the necessary cycle seats. If you have a bike trailer, you can take two children of any age. Children on bike seats and in trailers must always be fastened in.

Danish traffic regulations

You must always cycle on the right-hand side of the road and if there's a bike path, you should use this. If you are turning left, cross over the road you will join, so that you are waiting with the traffic on the right-hand side. Then go with the traffic when the light is green. Cyclists must use their arms to signal that they are slowing down, turning or stopping.

Helmets

You are not legally required to wear a helmet. But it is a great idea to use one anyway!

Further reading

Search [bike hire in Denmark](#) [2].

Read more about [cycling laws and rules in Denmark](#). [3]

For full details on bike rental in Denmark, inspiration for cycling holidays and much more, read our [Cycling in Denmark](#) [4] page.

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